



Dana Hutchinson B.A., M.A., RH (AHG), C.T.C.M.P., C.F.E.P.

Registered Herbalist, Double Board-Certified Herbalist, Bachelor of Science, Masters of Publishing, Certified Clinical Herbalist, Certified Medical Herbalist, Certified Traditional Chinese Medicine Practitioner, Certified Flower Essence Practitioner, Certified Reiki Master (L:3), Certified Field Botanist

Dana is extensively trained in Traditional Chinese Medicine (TCM) with a Certification as an advanced Chinese Medicine Practitioner from the Institute of Chinese Herbology. She is also trained in qigong and intuitive energetic healing. Dana completed her foundational western herbalism training, advanced medical herbalism training & clinical herbalist certification at Paul Bergner's Colorado School of Clinical Herbalism in Boulder under Lisa Ganora, Mary Barnes (RH, AHG), and Kat McKinnon (RH, AHG). She studied under Master Herbalist Demetria Clark for her Flower Essence Practitioner Certification at the Heart of Herbs Herbalism School & under Reiki Master, Reece Leonetti, at the Body Mind Energy Center for her Reiki Master Level III Certificate. She also studied under Leola Brooks and Lalita Salas at the Anne Wigmore Living Foods Health Institute in Puerto Rico to obtain her Certificate in the Living Foods Lifestyle. She progressed her herbalism studies and expanded her medical knowledge in herbalism by completing Paul Bergner's (MH) Advanced and Clinical Herbalism Certificates through the North American Institute of Medical Herbalism. Dana has obtained a Certificate in Plant-based Nutrition under Thomas Colin Campbell (PhD) from Cornell University and a Certificate in Rocky Mountain Field Botany through the Colorado School of Clinical Herbalism.

Educational Qualifications:

- Certificate in Advanced Chinese Herbology- *Institute of Chinese Herbology*
- Certified Clinical Herbalist- *Colorado School of Clinical Herbalism*
- Certified Rocky Mountain Field Botanist- *Colorado School of Clinical Herbalism*
- Certified Advanced Medical Herbalist- *North American Institute of Medical Herbalism*
- Certified Western Clinical Herbalist- *North American Institute of Medical Herbalism*
- Certified Flower Essence Practitioner- *Heart of Herbs Herbalism School*
- Certified Reiki Master (Level III)- *Mind Energy Body*
- Certificate in Plant-based Nutrition- *Cornell University*
- Certificate in Living Foods Lifestyle- *Anne Wigmore Health Institute*
- Master's Degree (MA) in Publishing- *University of Sydney*
- Bachelor's Degree (BA) in Science- *University of Sydney*

Clinical Career Experience: *(updated for 2022)*

- Lead Clinical Herbalist & Owner- **the Wildflower Clinic**- January 2016- Present
Clinical intake & consultation, herbal formulation, herbal seminars, TCM diagnostic examinations, follow up appointments, client protocol creation, nutrition consultation, flower essence formulation, Vitalist therapy consultations
Total: 14,915 hours of medical herbal & clinical formulation experience with the Wildflower Clinic
- Lead Clinical Herbalist, Medicine Making Lead, and Co-Owner- **Holistic Escape Retreats**- February 2016- Present
Herbal medicine retreats with botanical workshops, botanical wild plant identification, herbal yoga immersions
Total: 1,945 hours of clinical herbal educational teaching experience with Holistic Escape Retreats
- Onsite Clinical Herbalist- **Colorado School of Clinical Herbalism (CSCSH)**
Onsite clinical herbalist for student consultation and public consultation under faculty supervision
Total: 585 hours of clinical herbalism experience under the CSCSH clinical faculty
- Traditional Chinese Medicine Apprenticeship- **Point of Balance**
Apprenticeship with Natalie Francois L.A.c, Dipl. O.M; pulse, tongue, and nail diagnosis, Chinese herbal formulation and recommendations, clinical shadowing, TCM herbal preparation
Total: 75 hours of TCM clinical herbalism experience under Point of Balance

Board Licenses:

- Registered Herbalist- **American Herbalist Guild (AHG)**
- Registered Herbalism Mentor- **American Herbalist Guild (AHG)**
- Board Certified Master Herbalist- **American Association of Natural Wellness Practitioners**
- Board Certified Holistic Health Practitioner- **American Association of Drugless Practitioners**

Current External Herbalism Positions:

- Faculty Teacher- **Colorado School of Clinical Herbalism**
 - *Clinic Year Autoimmune & Fertility Teacher*
 - *Advanced Year Digestive Materia Medica & Therapeutics Teacher*
 - *Fundamentals Year Digestive A & P Teacher*
- Advanced Course Development- **Herbal Academy**
 - *Herbal Remedies for Food Sensitivities Video Teacher*
- Routine Herbalism Instructor- **Apothecary Tinctura**
 - *Herbalism for the Seasons*
 - *Botanical Therapies for Autoimmunity*
 - *Traditional Chinese Medicine Diagnostics*
 - *Home Apothecary Training*
 - *Herbal Medicine for Stress & Anxiety*
 - *Alternative Preparation for Fertility*

Past Herbalism Positions:

- Herbalism Director- **Colorado Mountain College**
 - *Synergy, Immune Tonics, Home Apothecary, and Nutritional Planning*
- Botanical Formulator Team Trainer- **Vena CBD**

Speaking Positions:

- Featured Speaker: **Good Medicine Confluence 2022**
 - *Unlocking Vital Force with TCM Meridian Theory*
 - *Are Rising Health Conditions a Direct Result of Deficiency?*
- Keynote Speaker: **National Symptom Free MS Summit 2022**
 - *How Traditional Chinese Medicine Views Multiple Sclerosis*
- Keynote Speaker: **Non-Toxic Beauty Summit 2022**
 - *Herbal Remedies to Combat Inflammatory Exposures*
- Featured Fertility Speaker: **Community Roots Midwifery Conference 2022**
 - *Botanical Strategies to Enhance Fertility*
- Featured Speaker: **National Celiac Foundation 2022**
 - *Botanical Remedies for Celiac Disease*
- Featured Speaker: **Holiday Brewery 2022**
 - *The History of Hops Medicine*
- Featured Speaker: **American Herbalist Guild Symposium 2021**
 - *Lichen Sclerosus; From Trauma to Management*
- Featured Speaker: **Good Medicine Confluence 2021**
 - *Understanding Tongue, Pulse, Nail, and Skin Diagnosis*
 - *Chinese Herbs for Building the Blood and Qi*
 - *Understanding Stress & How we can Create a Better Response System*
- Featured Speaker: **International Herb Symposium 2021**
 - *Fairy Magic for Emotional Trauma*
 - *Our Miraculous Heart; Wisdom Medicine for the Soul*
- Keynote Speaker: **Women Wine & Wellness 2017** Belmar, CO Chapter
 - *Autoimmune Conditions & Herbal Therapeutics*
- Keynote Speaker: **Women Wine & Wellness 2016**, Eagle, CO Chapter
 - *Autoimmune Conditions & Herbal Therapeutics*

Interviews & Podcasts:

- Balancing your Health and Vitality with Herbal Remedies - **Lara Heimann LYT Yoga** [Podcast](#)
- What are the Best Herbs for Your Immune System? Advice from an Herbalist- **Pure Healthy Living** [Article](#)
- Featured Medical Herbalist & Chinese Medicine Practitioner- **Shoutout Colorado** [Online Article](#)
- Chinese Medicine & Natural Healing with Matt Rowe- **Identity of Health Podcast** [Interview](#)
- Featured Herbal Medicine Practitioner- **The Voyager Denver** [Online Article](#)

Upcoming: Chelann Again

Published Herbalism Course Development:

- TCM Diagnosis Online Course- 1.5 hours
- Improving Stress Response with Herbal Medicine- 2 hours
- Autoimmune Conditions & Herbal Therapeutics- 1.5 hours
- Traditional Chinese Medicine to Build the Blood and Vital Force- 1.5 hours
- My Story with LS + Comprehensive Herbal Therapeutics- 2 hours
- Herbal Medicine for Emotional Trauma- 1.5 hours
- The Physical, Emotional, and Spiritual Heart- 1.5 hours
- Audio Module 1. Synergy, Healing the Gut, Brain/CNS, and the Immune System- 3.5 hours
- Audio Module 2. Immune Tonics for Every Season, Summer/Spring, Fall, and Winter- 3.5 hours
- Audio Module 3. Home Apothecary, The Basics, Top 10 Herbs, Vitality + Conditions- 3.5 hours
- Audio Module 4. Nutrition Planning, Keto, Paleo, Vegan- 3.5 hours

Published Herbalism Work:

- Mother Earth Living Article: [How to Normalize Immune Function](#)- Dana Hutchinson
- Mother Earth Living Article: [Gut Homeostasis](#)- Dana Hutchinson
- Published Online E-Book- *Elimination Diet Guide* (Paleo + Vegan 6 Week Comprehensive Guide) (39 pages)
- Published Online E-Book- *Introduction to Autoimmune Conditions* (77 pages)
- PDF Guide Series: [EMF Radiation](#)
- PDF Guide Series: [Liver Health](#)
- PDF Guide Series: [Harsh Chemicals](#)

Wildflower Clinic in-house Workshop Speaker:

- Herbal Remedies for the Immune System- 2016, 2018, 2022
- Qi Gong Movement for Increasing Vitality- 2018, 2019, 2022
- Herbal Remedies for Emotional Trauma- 2019, 2020, 2021, 2022
- Foraging 101 in the Colorado Rockies- 2016, 2017, 2018, 2019, 2020, 2021
- TCM Diagnosis: Pulse, Tongue, Skin, & Nails- 2016, 2017, 2018, 2020

Recent Stand Alone Herbal CEU's:

- The Upper Orifices of TCM- **Elisabeth Rochat**- Daoist Traditional College of Chinese Medical Arts- 12 hours
- Seminar Intermediate Herbalist Certificate Track- *East West School of Planetary Herbology*- **Michael Tierra**: 37 hours
- Stand Alone Courses: *East West School of Planetary Herbology*- **Michael Tierra**: 25 hours
 - Planetary Herbology- 5 hours
 - Five Elements and TCM Organs- 5 hours
 - Differential Diagnosis Part 1- 5 hours
 - Differential Diagnosis Part 2- 5 hours
 - Tongue and Pulse Diagnosis- 5 hours
- Introduction to Essential Oils- *Rebecca's Herbal Apothecary*- **Brigitte Mars**: 5 hours
- Healing the Gut- Food Sensitivities & Allergies- *Apothecary Tinctura*- **Yvonne Mathews**: 5 hours
- Beginner Magic: History, Tools, and Rituals of Divination- *Apothecary Tinctura*- **Hannah Haddadi**: 5 hours
- COVID-19 TCM Herbal Protocol for Western Herbalists- *AHG*- **Thomas Avery Garran, PHD**- 5 hours
- Identifying Wild Plants- **Kat McKinnon RH (AHG) & Briana Wiles, Uprooted Apothecary**- Online E-Course- 25 hours
- Wild Foods Workshop Weekend; Foraging & Crafting- *Elderberry's Farm*- 20 hours
- Mushroom Medicinal Tinctures- *Apothecary Tinctura*- 4 hours
- Basic Formulas to Know- East West School of Herbology- 5 hours